

NUTRITION SCIENCE / Major Requirements Only

Nutrition in Public Health Option

Finish In Four Recommended Schedule

Freshman Year

Fall

CHE 2A	5
NUT 10 or 10V	3
English Requirement	4
Unrestricted Elective	2

Winter

CHE 2B	5
PSC 1	4
English Requirement	4
Unrestricted Elective	2

Spring

CHE 2C	5
BIO 1 + 1L	5
ANT 2 or SOC 1 or 3	5
Unrestricted Elective	1

Unit Totals:	14	15	16	45
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Sophomore Year

Fall

CHE 8A	2
BIO 2 + 2L	5
STA 13 or 100 or PLS 120	4
Unrestricted Elective	4

Winter

CHE 8B	4
BIO 3	4
SOC 46 or PSC 41	4
Unrestricted Elective	4

Spring

NPB 101	5
MMG 102	3
ECN 1A	4
Unrestricted Elective	4

Unit Totals:	15	16	16	47
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Junior Year

Fall

†ABI 102 or BIS 102 (3)	5
FST 100A	4
NUT 113	4
Preparatory Elective	3-5

Winter

^ABI 103 or BIS 103 (3)	5
FST 100B	4
NUT 111AY	3
MMG 103L	2

Spring

NUT 111B	2
NUT 112	4
BIS 101	4
Restricted Elective	4

Unit Totals:	17	14	14	45
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Consult with your Major Advisor to plan your restricted electives!

Senior Year

Fall

NUT 116A	3
NPB 101L	3
SPH 101	3
Restricted Elective	4

Winter

NUT 118	4
NUT Restricted Elective	4
Restricted Elective	4
Unrestricted Elective	4

Spring

NUT Restricted Elective	3
NUT Restricted Elective	3
Unrestricted Elective	4
Unrestricted Elective	4

Unit Totals:	13	16	14	43
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Unit Totals:	180
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** Courses that are shaded are only offered once a year and must be taken in sequence**

† ABI 102 offered Fall & Winter only

^ ABI 103 offered Winter & Spring only

3/20/2026